

SUN 19 <sup>TH</sup> JAN	Karate England Kyu Grade Karate Open Competition Central Park Leisure Centre, Gooshays Drive, Romford RM3 9LB	OPEN
THUR 23 <sup>rd</sup> JAN	6 <sup>th</sup> District Schools Karate Championships. Start: 13:00 Finish: 15:30 Queens Hall, School Green Lane, North Weald CM16 6EJ	OPEN
SUN 26 <sup>th</sup> JAN	Karate England National Squad Training- LEVENTHORPE LEISURE CENTRE, CAMBRIDGE RD, SAWBRIDGEWORTH CM21 9BY Under 14 years kumite 10:30am All ages kata 12:00pm 14 years and above kumite 1:30pm	OPEN
SAT 1 <sup>st</sup> FEB	Junior League 12:00 Div 1 u28 & u35 13:30 Div 1 u45 & u55 14:30 Div 1 o55 16:00 Div 2 u28 & u35 17:00 Div 2 u45 & o45	TEAMS
SUN 9 <sup>th</sup> FEB	FEKO Championships. Ponds Forge, Sheffield.	SELECT SQUAD ONLY
SAT 15 <sup>th</sup> FEB	Sawbridgeworth Grading Leventhorpe Leisure Centre	OPEN
SUN 23 <sup>rd</sup> FEB	PBBUKA Kyu Grade Competition Elm Court Centre, 363 Mutton Ln, Potters Bar EN6 3BP	OPEN
29 <sup>th</sup> Feb/1 <sup>st</sup> MARCH	AMA International Open. Ponds Forge, Sheffield.	SELECT SQUAD ONLY
SUN 8 <sup>th</sup> MARCH	Potters Bar Grading Elm Court Centre, 363 Mutton Ln, Potters Bar EN6 3BP	OPEN
SAT 14 <sup>th</sup> MARCH	Junior League 12:00 Div 1 u28 & u35 13:30 Div 1 u45 & u55 14:30 Div 1 o55 16:00 Div 2 u28 & u35 17:00 Div 2 u45 & o45	TEAMS
SUN 29 <sup>th</sup> MARCH	Karate England National Squad Training- LEVENTHORPE LEISURE CENTRE, CAMBRIDGE RD, SAWBRIDGEWORTH CM21 9BY Under 14 years kumite 10:30am All ages kata 12:00pm 14 years and above kumite 1:30pm	OPEN
MON 6 <sup>th</sup> / TUES 7 <sup>th</sup> APR	North Weald Easter Course Noak Hill TBC	OPEN
MON 6 <sup>th</sup> , Tue 7 <sup>th</sup> , Wed 8 <sup>th</sup> , Thu 9 <sup>th</sup> APR	Barnet Easter Course QE Girls School Gymnasium, High Street, Barnet EN5 5RR 9:30am – 11am	OPEN
TUE 14 <sup>TH</sup> / WED 15 <sup>TH</sup> APR	Ware Easter Course Ware Drill Hall, 17 Amwell End, Ware SG12 9HP	OPEN
25 <sup>th</sup> /26 <sup>th</sup> APRIL	Karate England London International Open. Harlow Leisurezone	OPEN
SAT 16 <sup>th</sup> MAY	Junior League 12:00 Div 1 u28 & u35 13:30 Div 1 u45 & u55 14:30 Div 1 o55 16:00 Div 2 u28 & u35 17:00 Div 2 u45 & o45	TEAMS

31 <sup>st</sup> MAY	Kyu Grade Competition Waltham Forest Centre, 170 Chingford Rd, Walthamstow E17 5AA	OPEN
SUN 7 <sup>th</sup> JUNE	Karate England National Squad Training- Central Park Leisure Centre, Gooshays Drive, Romford RM3 9LB Under 14 years kumite 10:30am All ages kata 12:00pm 14 years and above kumite 1:30pm	OPEN
1 <sup>st</sup> - 5 <sup>th</sup> JUL	WUKF World Championships Szczecin, Poland	SELECT SQUAD ONLY
MON 20 <sup>th</sup> JUL / TUE 21 <sup>st</sup> JUL	Ware Summer Course Ware Drill Hall, 17 Amwell End, Ware SG12 9HP	OPEN
MON 27 <sup>th</sup> JUL/ TUES 28 <sup>th</sup> JUL	North Weald Summer Course Noak Hill TBC	OPEN
MON 27 <sup>th</sup> , TUE 28 <sup>th</sup> , WED 29 <sup>th</sup> , Thu 30 <sup>th</sup> , Fri 31 <sup>st</sup> JUL	Barnet Summer Course QE Girls School Gymnasium, High Street, Barnet EN5 5RR 9:30am – 11am	OPEN
SUN 6 <sup>th</sup> SEPT	Karate England National Squad Training- LEVENTHORPE LEISURE CENTRE, CAMBRIDGE RD, SAWBRIDGEWORTH CM21 9BY Under 14 years kumite 10:30am All ages kata 12:00pm 14 years and above kumite 1:30pm	OPEN
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SUN 27 <sup>th</sup> SEPT	Karate England National Squad Training- LEVENTHORPE LEISURE CENTRE, CAMBRIDGE RD, SAWBRIDGEWORTH CM21 9BY Under 14 years kumite 10:30am All ages kata 12:00pm 14 years and above kumite 1:30pm	OPEN
29 <sup>th</sup> OCT – 1 <sup>st</sup> NOV	IKU European Championships Oradea, Romania	SELECT SQUAD ONLY
SAT 7 <sup>th</sup> NOV	Junior League 12:00 Div 1 u28 & u35 13:30 Div 1 u45 & u55 15:00 Div 1 o55 16:00 Div 2 u28 & u35 17:00 Div 2 u45 & o45	TEAMS
SUN 22 <sup>nd</sup> NOV	PBBUKA Kyu Grade Competition Potters Bar	OPEN
SAT 5 <sup>th</sup> DEC	Junior League 12:00 Div 1 u28 & u35 13:30 Div 1 u45 & u55 15:00 Div 1 o55 16:00 Div 2 u28 & u35 17:00 Div 2 u45 & o45	TEAMS
SUN 13 <sup>th</sup> DEC	Potters bar Grading Elm Court Centre, 363 Mutton Ln, Potters Bar EN6 3BP	OPEN

